

Palakkad, Kerala, India 678006 Govt. Aided Arts & Science College Affiliated to the University of Calicut Accredited by NAAC with A Grade IV Cycle

## SOCIAL SERVICE LEAGUE REPORT 2022-23

Social Service League (SSL) Mercy College is the NGO of Mercy College, Palakkad has been stood as the backbone for the vivid performance in social service for the college as well as for the people outside of the college.

Family Counselling Centre of Mercy College was established in the year of 1991 with the help of Central Social Welfare Board, New Delhi. It functions under Social Service League, Mercy College. During 2022-23, around "164" new cases are handled and also follow-ups are done. The Counselors deal with different types of cases such as, marital problems, Family issues, Individual problems etc. During this period we conducted "26" awareness programs, and also the Counsellors attended "7" different type of Programmes during this period and Counsellors participated "5" times in women commission adhalath done by state women commission. We conducted "2" subcommittee meetings.

Service Providing Centre also functions under Social Service League, Mercy College. During these periods around "65" new cases are handled and 63% follow ups were done. 35 cases settled through counselling, court, and DLSA.

We run Rajiv Gandhi National Creche as the part of SSL with 25 kids to support the working women in the locality. The function of crèche is been periodically checked by the child protection officer.

Kaval Plus project which also run under the NGO Social Service League, Mercy College Palakkad that started in the year 2021 in order to provide protection and care sexually abused children. The project considers the cases obtained through district child protection office and child welfare committee. It aims the social upliftment of these children and around 50 children and their families got service through this project in this year.

#### Awareness class conducted by Family Counsellors 2022 April to 2023 March

1		Topic	Placed
	5-4-2022	Life Skill Education	Kurukadpadam, Anganwadi
			Palakkad
2	5-4-2022	Life Skill Education	Palllithayru Anganwadi
3	5-4-2022	Life Skill Education	Harihara Street Palakkad
4	5-4-2022	Life Skill Education	Pirayiri Chungam
5	5-4-2022	Life Skill Education	Kaikuthuparamb Anganwadi
6	6-4-2022	Life Skill Education	Kallikad
7	6-4-2022	Life Skill Education	Pallistreet
8	6-4-2022	Life Skill Education	Pattikara Palakkad
9	6-4-2022	Life Skill education	Moothanthara
10	6-4-2022	Life Skill education	Sreerampalayam
11	6-4-2022	Life Skill Education	Ambedkar Colony
12	7-4-2022	Life Skill Education	Police Quarters Anganwadi
13	8-4-2022	Life Skill Education	Kaikuthiparambu (2)
			Anganwadi
14	9-4-2022	Stress Management	Through Google meet Water
			Tank Anganwadi.
15	22-6-2022	Mental Health	Mercy College
16	9-7-2022	Ambition's	Mythiri nagar Anganwadi
			Palakkad
17	9-7-2022	Ambition	Kallikad
18	11-7-2022	Anti Drugs	Pirayiri Chungam
19	23-7-2023	Anti drugs	Kunnankulangae palakkad
20	15-9-2022	Vanitha Commission Adalath	Conference hall Civil Station
21	14-10-2022	Vanitha Commissiom Adalath	Conference hall civil Station
22	19-12-2022,	Marital & Pre Marital Training	Grand Chaithram Trivandrum
	20-12-2022	Programme held by WCD Trivandrum	
	21-12-2022		
23	20-10-2022	Anti Drugs	Mercy College
24	31-10-2022	Pledge of Anti Corruption	Mercy College
25	2-11-2022	Protection of Women from violence	Mercy College
26	15-11-2022 &	Motivational Techniques	Palakkad Sports Council &
	16-11-2022		Alathur HSS School
27	23-11-2023	Motivational Techniques	Mercy College Sports Students
28	25-11-2023	FCC & its Function	Netaji College students
			Nenmara
29	8-12-2023	Motivation	Mercy College Sc/ST students
30	21-1-2023	Social Problem	Pirayiri Aganwadi
31	19-1-2023	Vanitha Commission Adalath	Vanitha Commission Adalath
32	31-1-2023	Marital & Pre marital Sessions	Pattambi Block (1)

33	31-1-2023	Vanitha Commission Adalath	Vanitha Commission Adalath
34	6-2-2023	Marital & Pre marital sessions	Thirthala (1)
35	7-2-2023	Marital & Pre Marital Session	Pattambi (2)Palakkad
36	7-2-2023	Marital & Pre Marital Session	Pattambi Additional (1)
37	8-2-2023	Marital & Pre Marital Session	Pattambi Additional (2)
38	9-2-2023	Marital & Pre Marital Session	Mannarkkad (1)
39	9-2-2023	Marital & Pre Marital Session	Attapadi
40	10-2-2023	Marital & Pre Marital Session	Thirthala Additional (1)
41	15-2-2023	Marital & Pre Marital Session	Mannarkkad Additional (1)
42	16-2-2023	Marital & Pre Marital Session	Mannarkkad Additional (2)
43	20-2-2023	Review Meeting of Kudumbashree	Civil Station Palakkad
		snehitha Help Desk	
44	21-2-2023	Marital & Pre Marital Session	Thirthala Additional (2)
45	22-2-2023	Marital & Pre Marital Session	Thirthala (2)
46	25-2-2023	Sex Education	GDJB School Kumbidi
47	18-3-2023	Vanitha Commission Adalath	Panchayath Hall Palakkad
48	14-3-2023	Problem Solving Skill	Mercy College BCA Students
49	27-3-2023	Relationship	Mercy college

#### Counsellors Attended Workshop and Seminar's from 2022April to 2023 March

S.no	Date	Topic	Placed
1	21-4-2022 &	Protection of Women from DV	NIPCCD training Programme Google
	22-4-2022		meet
2	26-5-2022	Vanitha Commission Adalath	Civil Station
3	17-6-2022	Vanitha Commission Adalath	Civil Station
4	18-7-2022	Vanitha Commission Adalath	Civil Station
5	22-8-2022	"FCC Review Meeting" National	At New Delhi
		Commission for Women	
6	14-8-2022	"POSH Act " NIPCCD training	Google Meet

#### **Different Cases Handled 2022 April to 2023 March**

1) Personal Problem - 38

2) Marital Problem - 64

3) Domestic Violence - 03

4) Depression - 14

5) Behavioral problem - 09

6) Alcoholic - 10

7) Family problem - 47

8) Tension & Stress - 18

9) Psychiatry - 06

10) Educational problem - 13

11) Others - 12

#### Success Rate of FCC 2022 April to 2023 March

• Total no. of cases - 234

• Follow up cases - 410

• No. of Beneficiary - 513

• Referred cases - 12

• Successful cases - 209.



"Every child is a different kind of flower, and altogether make this world,a beautiful garden"

## The Social Service League



Mercy College

organises















At the Mercy College Creche On 14/11/2022



Staff Co-ordinator Sr.Jemini Jose

Student Co-ordinator Anna Sreya Joseph



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#### Report on Children's Day Celebration

The SSL students organized various activities for the children at the crèche (age group- 6 months to 6 years) like drawing and colouring, singing and dancing and story-telling on 14 November 2022. The student Coordinator Ms. Anna Sreya Joseph introduced about Jawaharlal Nehru, Former prime minister of India, who been called lovingly by the children as 'Chachaji'. The children were thrilled to receive the sweets and eagerly participated in the fun activities. The event was a great success and the SSL students were delighted to see the children enjoying themselves. They express their gratitude to the creche staff for allowing them to celebrate children's day with the children. Overall, the event was a heart warming experience for everyone involved and the SSL students left the creche with a renewed sense of purpose and commitment to serving their community.





# The Social Service League of Mercy College organises





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#### **Report on Food Stall**

SSL Mercy College hosted a food stall on 15/12/2022 in connection with the Tech fest to raise funds for beds. Under the guidance of SSL members, various food stalls were opened. The food stall sold delicious and mouth watering food items for students and faculty members in the college. The proceeds from the food stall sales were used to support charitable and philanthropic purpose. SSL is committed to giving back to society and making a positive impact in the community. Everyone was invited to join this noble cause and enjoyed the delicious food.





#### INIZIO E SOCIAL SERVICE LEAGUE



#### MERCY COLLEGE PALAKKAD

Oraganizes

### NATIONAL GIRL CHILD DAY

OBSERVATION

**Chief Guest** 



24th January 2023



12:50pm

Smitha George

Additional District and Sessions Judge Palakkad

Auditorium

Staff Co-ordinator

Dr Sr Jemini Jose

Ms Delmi Devis K.

Student Co-ordinator
Anagha VC



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#### **Report on National Girl Child Day Celebration**

SSL, Mercy College, Palakkad observed 'National girl child day' on 24 th January 2023 from 12.50 pm to 1.50 pm which created awareness among students regarding the importance of empowering girl children in all aspects of life. This event was a step towards achieving gender equality and creating a more inclusive society. The presence of Ms. Smitha George, additional District and Sessions Judge, as the chief guest at the event, is significant. Her experience and expertise provided valuable insights to the students on the importance of empowering females to think big,dream, and create an impact in this world. Her speech encouraged the students to become advocates for gender equality and to work towards creating a more equitable society. Empowering girl children is critical in today's world. Girls face many challenges, including gender-based violence, discrimination, and limited access to education and healthcare. Educating students about these issues is the first step towards creating a society that value and promotes gender equality.







## The Social Service League of Mercy college organises

## Paper Sale

On 10/12/2022

Staff Co-ordinator

Ms. Delmy Davis K

Student Co-ordinator

Adithya





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#### **Report on Newspaper Sale**

The SSL students took an initiative to collect newspapers from different classes and sold them to raise funds for beds for the elderly on 10/12/2022. The project not only aimed at raising money for a good cause but also at creating awareness among students about the importance of recycling waste materials. Almost every student and faculty members of the college contributed to the same. The project also highlights the importance of helping elderly who often fails health problems due to a lack of proper bedding. This initiative also encouraged students to think about the environment and develop habits of recycling and reusing materials. In summary, the SSL students project demonstrated how a small actions can make a big difference. Through this venture the young people were inspired to take an active role in social responsibility and philanthropy while also contributing to environmental sustainability.



SOCIAL SERVICE LEAGUE OF MERCY COLLEGE PRESENTS

## K00DE 2022

DRIVE TO COLLECT OLD CLOTHES





DONATE BY
DECEMBER 16

## BE THE CAUSE OF SOMEONE'S HAPPINESS! DONATE YOUR OLD CLOTHES TO NEEDY PEOPLE

The Social Service League of Mercy College Palakkad has planned to collect old clothes for the needy. Bring your clothing donations to the college on or before December 16 and kindly co-operate with us.

METS AN IQAC INITIATIVE

**FACULTY COORDINATORS:** 

DR. SR. JEMINI JOSE Ms. DELMY DAVIS K STUDENT COORDINATOR:
Ms. Anna Sreya Joseph



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#### Report on 'Koode'

The social service league organized a community outreach program on 18/12/2022 to distribute the clothes to the deserving. The drive was a huge success with a large number of donations pouring in from students, faculty and staff. The donated clothes were sorted and segregated by the SSL Cell students based on size, gender and type before being distributed to the beneficiaries. The students handed over the collected clothes to the orphanage authorities of Palakkayam at Mercy College, Palakkad. The beneficiaries were overwhelmed with joy and express their gratitude towards the initiative. The social Service League also gave an awareness campaign about the importance of clothing donations and how it can help in reducing waste and helping the less fortunate. The students emphasized the need for everyone to donate old clothes that are in good condition which can be reused by someone else. The cloth dive "Koode" was not only a great success in terms of the number of donations received but it also helped in instilling a sense of empathy and responsibility towards society in the students. It was inspiring to see young people coming forward to take up such initiatives that go beyond academics and have a positive impact on society. The Social Service League of mercy College hope continue such initiatives in the future and make a difference in the lives of those in need.





Social Service League
Of
Mercy College Palakkad
CELEBRATES

Social
Service
League Day



15 February, 2023

**Auditorium** 

2:15 PM

METS An IQAC Initiative

Staff Co-ordinator Ms. Delmy Davis. K

Student Co-ordinator Feba Marcily



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#### **Report on Social Service League Day Celebration**

The SSL day celebration held on February 15<sup>th</sup>, 2023, in Mercy College Palakkad, was a wonderful event that brought together members of the community to celebrate service and leadership. The event was held from 2.15 pm to 3.30 pm and was attended by grannies from Mercy Home, kids from the crèche, their parents, and SSL volunteers. The event started with a drama performance by the grannies of Mercy Home. Audience was captivated by the performance, and it was evident that the grannies had put in a lot of effort to prepare for the event. Following the drama pserformance, the kids from the crèche took to the stage for a dance performance. The children's enthusiasm and energy were contagious, and the audience was delighted by their performance. During the event, SSL honoured ms Omana who recognized for her service in teaching drama to the grannies of mercy Home. The event showcased the talents of grannies from Mercy Home and the kids from the crèche. The event was a successful reminder of the importance of service and leadership in building a strong and compassionate community.



## Social Service League Of Mercy College Palakkad



CELEBRATES

## GOOD SAMARITAN WEEK



8TH FEBRUARY 2023-15TH FEBRUARY 2023

## Programmes:

- 1. Leadership Class 8th February 2023
- 2. Competition of kids in Creche
- 3. Samaritan in modern world- Short video presentation
- 4. Inauguration of Padheyam
- 5. A Good Samaritan in my life
- (3 minute) Video Presentation

STAFF CO-ORDINATOR

DR SR JEMINI JOSE

STUDENT CO-ORDINATOR

ANNA SREYA JOSEPH



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#### **Report on Good Samaritan Week Celebration**

The celebration of Good Samaritan week from 08/02/2023 to 15/02/2023 with various activities was a great way to encourage service and leadership among the students of SSL, Mercy College. The events organized during the week provided opportunities for the students to engage in meaningful activities and make a positive impact on society. On 8th February there was a seminar on 'Learning to Lead through Service' for SSL volunteers and college union. The resource person was Mr. Josco Schacko consultant psychologist life coach and corporate trainer. His expertise in the field of leadership and personal development benefitted the attendees. His talk provided the SSL volunteers and college union members with insights and practical strategies for learning to lead through service. The seminar's focused on service was essential in today's world, where leadership is not just about individual achievement but also about making a positive impact on society. By emphasizing the importance of service, SSL, Mercy College, encouraged the students to develop a sense of social responsibility and to use their skills and talents to benefit society. On 9th February 2023, SSL volunteers organized sports day to crèche kids. Through this, SSL members could generate an awareness on importance of sports in mental and physical health of an individual. The enthusiasm and happiness of the kids were a testament to the success of the event. The video presentation competition on the theme "Good Samaritan in my Life" was also done by SSL members as a part of 'Good Samaritan week'. The competition encouraged the students to reflect on their own experiences and identify instances where they have acted as a Good Samaritan. The distribution of prized for the best video motivated the students to put in their best effort and showcase their creativity.







The Social Service League of Mercy College Palakkad intends to help the inmates of Mercy Home, Home for Aged and Destitute women Palakkad. We wish to donate 25 beds to the home.

This Christmas season, lend your hands to bring cheer and comfort to the elderly inmates.

### Estimated cost:

25 beds-62500 Single bed-2500

Those who wish, transfer the fund to the below account.

### Account details:

Account No 0063053000005304

Account holder: M/s Mother Superior and Burzar

Bank name : South Indian Bank

IFSC : SIBL0000940 Branch : Melamuri

> METS AN IQAC INITIATIVE

Faculty coordinators:

Dr Sr Jemini Jose Ms Delmy Davis T Student coordinator

Ms Ann Sreya Joseph



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#### Report on 'Thannal' for the aged at the Mercy Home

The Social Service League of Mercy College successfully donated 25 beds to Mercy Home through its new initiative, Thannal on 21 st December 2022. The initiative aimed to collect funds to donate beds to Mercy Home, a non-profit organization that provides shelter and care for the elderly and disabled. The SSL was able to raise approximately 60,000/- through this initiative and was introduced by the SSL to provide comfortable sleeping arrangements for the residents of Mercy Home. The organization identified the need for beds at the Mercy Home facility and decided to raise funds to donate them. The Thannal initiative was launched on 15 th December 2022 and was open to the public to donate towards the cause. The initiative was well received by the public, and donations poured in from various sources from students, faculties, and others. The SSL also promoted the initiative through its social media platforms, which helped in spreading the word and encouraging more donations. Through the generous contributions of individuals and organizations, the Thannal initiative was able to raise approximately 60,000/- in a span of 6 days. The donation was made to buy beds and donated in the presence of residents and staff of Mercy Home, as well as representatives of the SSL.

